

## Hot Weather Procedures

We will be taking extra precautions to ensure student and teacher safety during these times of extreme heat and humidity.

The following actions are put in place when extreme heat alerts are made.

- Reduce the time outside to 20 minutes at lunch recess when humidex readings are between 30 and 34 degrees Celsius.
- Remain indoors when temperature or humidex readings reach or exceed 35 degrees Celsius.
- Encourage parents/guardians to send children with hats and protective clothing or to use sunscreen (with an SPF of 15 or greater) when the UV index is high.
- Access cooling centres in the school
- Use fans in the classroom
- Encourage students, using announcements, to keep hydrated with frequent water breaks and to reduce their physical activity.